

LYRICS FOR 5/18/21 MYSTIC

BREATHS

words by Birago Diop

music by Ysaye Maria Barnwell

CHORUS

Listen more often to things than to beings (2x)

Tis the ancestor's breath when the fire's voice is heard

Tis the ancestor's breath in the voice of the water

Ah-Zah wsh---ah---wsh---

Verse 1:

Those who have died have never never left

The dead are not under the earth

They are in the rustling trees

They are in the groaning woods

They are in the crying grass

They are in the moaning rocks

The dead are not under the earth, so (CHORUS)

CHORUS

Listen more often to things than to beings (2x)

Tis the ancestor's breath when the fire's voice is heard

Tis the ancestor's breath in the voice of the water

Ah-Zah wsh---ah---wsh---

VERSE 2:

Those who have died have never never left

The dead have a pact with the living

They are in the woman's breast,

They are in the wailing child,

They are with us in the home,

They are with us in the crowd,

The dead are not under the earth, so (CHORUS)

CHORUS

Listen more often to things than to beings (2x)

Tis the ancestor's breath when the fire's voice is heard

Tis the ancestor's breath in the voice of the water

Ah-Zah wsh---ah---wsh---

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WANTING MEMORIES by Dr. Ysaye Maria Barnwell

**I am sitting here wanting memories to teach me
to see the beauty in the world through my own eyes.**

**You used to rock me in the cradle of your arms
You said you'd hold me til the pains of life were gone
You said you'd comfort me in times like these and now I need you,
and now I need you – and you are gone.**

**Yes I am sitting here wanting memories to teach me
to see the beauty in the world through my own eyes**

**Now that you've gone and left me there's been so little beauty
but I know I saw it clearly through your eyes.
Now the world outside is such a cold and bitter place
Here inside I have few things that will console
and when I try to hear your voice above the storms of life
then I remember all that I was told.**

**Yes I am sitting here wanting memories to teach me
to see the beauty in the world through my own eyes**

**I think on the things that made me feel so wonderful when I was young
I think on the things that made me laugh,
made me dance, made me sing
I think on the things that made me grow into a being full of pride
I think on these things for they are truth.**

**Yes I am sitting here wanting memories to teach me
to see the beauty in the world through my own eyes**

**I thought that you were gone, but now I know you're with me;
You are the voice that whispers all I need to hear.
I know a "please," a "thank-you," and a smile will take me far,
I know that I am you and you are me and we are one,
I know that who I am is numbered in each grain of sand,
I know that I've been blessed again and over again.**

**Yes I am sitting here wanting memories to teach me
to see the beauty in the world through my own eyes**

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THIS LAND IS YOUR LAND verses written by Mystics in break-out sessions May 11, 2021

Paul Wehrlin

**1) We've lived through struggles
Through stormy weather
Despite those hurdles, we Zoom together
And now that spring's here, we join our voices
To welcome what comes next for you and me
(Paula is next)**

Soloist Paula Tusler

**2) Talk to each other with no more lying
Get out to vote, on you we're relying
As the vote is counted, we all are chanting
Elections are made for you and me
(Michal is next)**

Soloist Michal Regunberg

**3) Just keep it honest, just keep it humble
There is no reason to grouse or grumble
Where your heart goes, your mind will follow
Your heart is filled with love for all
(Frances is next)**

Soloist Frances Shashoua

**4) So when in doubt, just tell the truth
It's so much better
From Maine to Duluth
We're finally ready to hit the road
There's such a big world waiting for me
(Jai is next)**

Soloist Jai San Antonio

**5) Our goal is freedom, Oh to be free
All together, happily
Come round the corner, it's gettin' warmer
Across all countries, sea to sea
(Mark is next)**

Soloist Mark Parisi

**6) So much division 'tween red and blue
But there's no reason to dislike you
We're all together; all one people
We end up purple... you and me.
(Jim is next)**

Soloist Jim Hickey

**7) We carry our song where we all can sing
We'll take our flight on the eagle's wing
And raise our voices up to the highest
This sky was made for you and me
(Jack is next)**

Soloist Jack Matson

**8) Some want more power, some want more money
I don't want nothin', but to love my Honey!
Give us our freedom, and authenticity
That's what we need for you and me
(Wendy & Herb are next)**

Duet: Wendy Drexler & Herb Friedman

**9) Is it enough -- -- that we are hoping?
We are not moping, we keep on coping
We see before us...a new beginning
With NO more zoom for you and me
(Julie P is next)**

Soloist Julie Puncchar

**10) Winter is over and now it's springtime
We've sung together, now ready for primetime
Let's have a party, and celebration
This song was made for you and me
(Gino is next)**

Soloist Gino Costa

**11) As spring is looming with flowers blooming
As rainbows flashing we're inside zooming
Our eyes are burning we keep on squirming
We made it through a tough year
(P.J. is next)**

Soloist PJ Gardner

**12) Rejoice in living, sing to the Earth
Fly with the birds, share in their mirth
Bloom with new flowers, color the rainbow
This Earth was made for you and me
(Paul Wehrin is next #1)**

Soloist Paul Wehrin #1

**14) A life of giving, a life of sharing,
Front line workers, being daring,**

They packed our groceries, taught our children,
Their hearts were shared with you and me.
(Maggie next)

Soloist Maggie Leary

15) Sing for the planet, sing for the living
Open your hearts and just start giving
Your voice is needed raised together
We sing as one big family
(Roz Hoffman is next)

Soloist Roz Hoffman

16) Turn of the TV and read some fiction
Real life provides us a better depiction
Be sure to use your intuition
Break those media bonds and be free
(Jai is next #5)

Soloist Jai San Antonio #5

17) We're omnivorous and vegetarian
Let's not forget the pescatarian
Those special diets, pot-lucks a riot!
Can't wait for Mystic gastronomy!
(Joanie Sullivan is next)

Soloist Joanie Sullivan

18) Oh to be young again, far out and groovy
Smoking a doobie, watching a movie
Do you remember that Woodstock spirit?
That made us feel so wild and free
(Roz Hoffman is next #16)

Soloist Roz Hoffman #16

19) Don't be a downer, it's such a bummer
Take your mask off, enjoy the summer
Engage with others, all kinds of people
Connection was made for you and me
(Cue THIS LAND video)